



The Polymath Unleashed

08: Resources & Support

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Who are the people that support you being your authentic, full self? How do you know?

What tools help you in your pursuit of your polymathy?

With many interests and projects, how do you determine what to focus on next?

Noticing where your life is right now and where you want to go, what action steps can you begin taking to get there?

What obstacles do you see on your path and how might you navigate them?

Notes